

Adult Behavioral Health

Our Services Include:

- Diagnostic assessment
- Medication management
- Coping skills training
- Multi-disciplinary treatment plan
- Group and individual therapy
- Psychoeducation
- Comprehensive discharge planning
- Integrated health & wellness plans
- Nursing care

Emergency Assistance

If at any time you do not feel safe, or feel like hurting yourself or others, please call 911 or your local crisis service provider.

The following telephone hotline is available 24 hours a day and 7 days a week:

National Suicide Prevention Lifeline
800.273.8255

Did You Know?

1 in 5 adults in America experience a mental illness.

Haywood Regional Behavioral Health Unit

Haywood Regional Medical Center | 6th Floor
262 Leroy George Dr | Clyde, NC 28721

828.452.8651

HAYWOOD
REGIONAL MEDICAL CENTER

A Duke LifePoint Hospital

This facility and its affiliates comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-828-456-7311.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-828-456-7311。



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Recovery is an individual's personal journey, lifestyle, and state of mind.

About the BHU

Haywood Regional Medical Center's Behavioral Health Unit (BHU) is a 16-bed adult (18-55) psychiatric inpatient program. The unit is located on the west wing of the sixth floor and is a safe and secure unit. Individuals who are considered for admission to the unit must meet criteria showing a need for admission for inpatient psychiatric care. These individuals may be experiencing an acute psychiatric crisis, complications related to noncompliance with medications, or be distressed to the level that they have become a danger to themselves or others. Our dedicated multi-disciplinary team provides individualized and comprehensive treatment that goes beyond just acute stabilization. The BHU excels in providing individuals with the skills and resources necessary to maintain their journey to wellness well beyond their discharge. We strive to create an environment that is free of negative stigmas about mental illness and provide individuals with the atmosphere and support to begin their recovery.

Who We Are

Our team is made up of psychiatrists, psychologists, physician assistants, nurse practitioners, licensed clinical social workers, licensed professional counselors, registered nurses, community mental health assistants and peer support specialists.

Frequently Asked Questions

What is the average length of stay?

While the average length of stay for each individual varies, the BHU is committed to both acute stabilization of symptoms and setting individuals up for long term physical, emotional, and psychological wellness. Most individuals do not stay more than 10 days.

What is the visitation/ phone policy?

Visitors who are 12 years of age and older may visit Monday through Friday 5:45 pm to 6:45 pm and on the weekends from 1 pm to 2:30 pm. We ask that due to limited visitation time and space, that only immediate family, clergy, and significant support people visit.

Special accommodations may be made for individuals who have children under the age of 12.

Phone calls: There is access to a community phone during free times at no cost.

Do you take insurance?

We accept all insurance plans. We will file all claims with your insurance company. The amount paid by your insurance will depend on who your insurance company is and your in and out-of-network coverage benefits. Individuals with Medicaid and Medicare or state funding through Vaya Health are also accepted.

How will the BHU ensure my safety?

Physical and emotional safety are our number one priority. We provide an environment that is engineered for maximum safety. We maintain 24-hour observations/support with the appropriate interventions.

Are private rooms available?

Each individual enjoys a private room with a private bathroom.